

ROYAL RED CROSS.

The King held an investiture on March 4th and conferred many honours, amongst them the following decorations of the Royal Red Cross:—

Members—Miss Nita Courtice, Queen Alexandra's Royal Naval Nursing Service, and Miss Marguerite Abraham, Queen Alexandra's Royal Naval Nursing Service.

Associates—Miss Leonora Hooper, Queen Alexandra's Royal Naval Nursing Service, and Miss Alice Shrewsbury, Queen Alexandra's Royal Naval Nursing Service.

INTERESTING ITEMS FROM OUR EXCHANGES.

THE CHEMISTRY OF LIFE.

Man as we observe him in his widely varied phases and functions, is the product of a complex chemical process of nutrition. Human nutrition results in human life as it is lived. It is perhaps true that no single influence is more determining upon life in all its bearings, qualities, endurance and end results, than the chemistry of nutrition. Man's responsibility consists in selecting for his daily nutriment an assortment of food-stuffs, which, together, provide the several essential substances to maintain the vital chemistry. These selections, if wisely done, will contribute greatly to his success. Otherwise, defective nutrition may be the real explanation of failure to make good.—*The Nursing Journal of India.*



[International Newsreel Photo.]

THE HEALTH MOBILE.

"A definite stimulus to better Health Supervision."

THE HEALTH AUTOMOBILE.

An Ambulatory Clinic for the Children of Norrland.

The Americans of Swedish descent have sponsored an undertaking to build an ambulatory clinic for the children of the northern part of Sweden. This clinic is an exact copy of ambulatory clinics being used in Los Angeles by the Board of Education.

Prince Carl, the father of the Crown Princess of Belgium and the president of the Red Cross of Sweden, sent a telegram saying that this would mean a great deal to the little children in Norrland. The editor of the *Daily News* of Sweden wrote that he had never seen a man as happy as Prince Carl when he was told that it might be possible to get such a clinic from California.

In this district there are thousands of little children attending elementary schools situated a great distance from one another. These children have not had dental care nor have they had their eyes attended to.

The donations toward this clinic have come from Americans of Swedish descent, from the pupils of Carl Curtis School, from health workers in Los Angeles, from the dental and medical profession and from Americans

especially interested in seeing that children of another nation get some help, which we try to give so abundantly to our own. The chamber of commerce and the American Red Cross also have contributed toward this good will gift.

The first travelling health mobile was constructed in the summer of 1925 by the Los Angeles Board of Education, and became an active unit in the health work in September in the same year, for the care of the indigent, physically defective school children in the outlying districts of Los Angeles, where it was not practicable nor economical for the Board of Education to establish clinics. It has proven to be of great service and has solved problems that otherwise would have been difficult to handle in regard to health supervision in the outlying districts.

The health mobile consists of a small house built on a truck chassis. In this there is a space provided for dental work, and nose and throat work. There is a corridor-like arrangement where eye examinations, testing for vision and the fitting of glasses is done.

The units are moved to the various schools in the order of the greatest demand for service. A camp is established at each school or group of schools and the work is finished at each place as far as possible and as soon as possible. At each school where the health mobile has visited it has been a definite stimulus to better health supervision. The children, parents and teachers all become more active and a generous co-operation is realised.

The health mobiles are no longer an experiment but an established unit in our work toward the promotion of

better health among our indigent school children, and its inventor, Dr. Sven Lokrantz, medical director of the Los Angeles City Schools, can be justly pleased over his idea. The committee in charge has decided to name the clinic going to Sweden the "Lokrantz Ambulatory Clinic for Children of Norrland," in honour of the doctor who has done so much for our own school children, and who has made his own department the leading one of its kind in the United States.

In Northern Sweden are many children whose teeth are in deplorable condition. This clinic will be a great help to them. This gift has caused a great deal of publicity among newspapers in Scandinavia. In glowing terms they speak of generous Uncle Sam, who loves children of all nations; and the word Shylock has disappeared.

Through this gift of love and aid we will mould a chain and strengthen the admiration and respect of people of Sweden toward the generous and good people of the United States of America. This chain has been moulded from the gold of California and many of its links have been given by the sons and daughters of the Vikings.

(From the *Pacific Coast Journal of Nursing*.)

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